

As a part of Ayurveda Day celebrations, a special meditation session was conducted for the teaching faculty on 23.09.25. The objective of this program was to promote mental well-being, inner balance, and stress management among teachers, in alignment with the Ayurvedic principle of Swasthasya Swasthya Rakshanam (preservation of health).



Dr. Ravi Patil Ayurvedic Medical College
AYURVEDA DAY
Yoga & meditation
Session

Dr. Ravi Patil Ayurvedic Medical College,
Hospital & Research Centre
Honaga, Belagavi.
ayurveda day 2023
Ayurveda for
PEOPLE AND PLANET





